

Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@mtu10.com • Website www.letac.org

Bruce Liebe, Director

Breach Point:

Personal & Professional Breakthroughs in Law Enforcement

October 3, 2024 8:00 a.m. – 4:00 p.m.

LETAC Training Center

840 S. Spring St, Suite B, Springfield, IL

This course has been certified and approved by ILETSB for the following mandates: Procedural Justice(2.00hrs.), Officer Wellness/Mental Health(4.00hrs.) and Crisis Intervention(2.00hrs.).

Course Description: In a chaotic and unpredictable world of plummeting moral standards, our nation's police officers are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families. This seminar will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture. Officers, Sergeants and those who assist them will reflect upon the traumas and triumphs associated with modern law enforcement, and how they influence the pivotal balance between professional and personal relationships.

An experienced law enforcement executive and educator will guide law enforcement personnel in understanding a variety of best practice approaches in addressing these issues. A theme of personal leadership will run throughout this seminar, as those attending will have ample chance to reflect upon the universal journey of a vocation spent in law enforcement. This seminar will provide a new set of skills designed to assist contemporary knights maintain a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant's spirit.

Topics will include:

- Removing classic frustrations encountered by police officers
- The caustic risks of performing well in law enforcement
- How the dynamics of control and trust negatively influence officer attitudes
- Learning how to self-motivate on the street, in the agency, and at home
- The consequences of rewarding cynicism
- How to lead and inspire those who anticipate the worst in everything
- Being an optimistic leader among a sea of professional pessimists
- Recognizing the symptoms of stress
- How police stress differs significantly from other jobs
- Preventative programs to reduce and monitor distress
- Why officers are at greater risk for alcohol abuse, divorce, and suicide



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Instructor: Breach Point Consulting is dedicated to ensuring that police officers from all ranks and responsibilities, along with their family members remain strong physically, emotionally, and spiritually.

Kent Williams is the owner of Breach Point Consulting and has been involved in law enforcement as a police officer for over 27 years, where he presently serves as Chief of Police for a Chicago area police department. He is the 2-term President of the Northern Illinois Critical Incident Stress Management Team where he has served as a peer supporter for 14 years. He is a graduate of the FBI National Academy, University of Southern California's Delinquency Control Institute, and the Police Executive Research Forum's Senior Management Institute for Police, at Boston University. He served as a Tactical Commander on a regional SWAT team serving 60 Chicago collar communities. He has taught extensively on various courses related to leadership and organizational change. Additionally, he has taught for over 24 years on topics including use of force, weapons and tactics.

Most recently through the development of Breach Point Consulting he has launched several courses being taught on a national level, based upon the principles of Servant Leadership and how simple shifts in organizational perspective can profoundly reduce the stress, frustration and open anger expressed throughout the typical law enforcement agency. At very little cost to a police organization Chief Williams has been teaching leaders how to negate the toxic work climate which can be caused by what he has termed "The Universal Police Frustrations". These misunderstood stressors are created by the unique combination of an effective police personality coupled with an efficient police culture. The mix, if not fully understood, can be very destructive to an agency's morale and reputation. Additionally, it predictably places officers at risk for failed careers, marriages and relationships. He sums this situation up by calling it "The Caustic Risks of Performing Well in Law Enforcement".

These efforts have led to groundbreaking ways police agencies can create healthier, more productive and loyal work groups who remain highly dedicated throughout their careers. These same principles have been assisting officers themselves create a deeper more meaningful vocation in policing and developing a harmonious and rewarding personal life away from their career. His work on the predictable transitional issues confronting the police officer's family has led to numerous speaking engagements designed to keep the family of a police officer emotionally and spiritually healthy.

Chief Williams lives in Illinois with his wife and three children. He holds a bachelor's degree in criminal justice management from Aurora University, and a master's degree in organizational leadership from Judson University.

Non-Member Tuition: There is no tuition to attend this course.

To Register: Email registration to <u>register@letac.org</u>. You may also fill out and submit our online registration form through the website at <u>www.letac.org</u> or call 217-726-7014 to register by phone.

Cancellation: If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often. Cancellations will also be posted to our mailing list.