



## Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

Phone (217) 726-7014 • Fax (217) 726-7833 • Email [letac@mtu10.com](mailto:letac@mtu10.com) • Website [www.letac.org](http://www.letac.org)

JT Wooldridge, Director

# CRISIS INTERVENTION TEAM TRAINING (CITT) 40-HOUR STATE CERTIFIED COURSE

**\*\*\*SEE RESTRICTIONS BELOW\*\*\***

**March 20-24, 2023**

**8:00 am – 4:30 pm**

**LETAC Training Center**

840 S. Spring St, Suite B, Springfield, IL

***This training covers the following mandates:***

***Civil Rights (.5hrs), Constitutional Use of LE Authority (.5hrs), Crises Intervention (12hrs), Human Rights (7hrs), Legal Updates (2hrs), Officer Wellness/Mental Health (2hrs), Procedural Justice (4hrs), Use of Force: De-escalation Techniques (8hrs)-Scenario (4hrs), Officer Safety Techniques (4hrs)-Scenario (3hrs) and Crises Intervention Team Training (40hrs)-Scenario (7hrs)***

This 40-hour program is designed to provide selected officers with specialized training on dealing with individuals in the community who have a mental illness or other behavioral disability. CIT officers are trained as resource specialists who can provide immediate response to calls involving a mental health crisis. The "team" concept refers to law enforcement involvement with stakeholder agencies, as well as interagency mutual assistance when appropriate.

The course will be conducted by a diverse group of law enforcement and behavioral health professionals – including active CIT officers from Alton, Edwardsville, Elgin, and the University of Illinois.

During the week, students will participate in a variety of valuable exercises that will simulate auditory and 3-D visual hallucinations that individuals with a mental illness might experience. The program will also provide officers with a unique opportunity to interact with individuals who have a mental illness and their family members (primary and secondary consumers).

An essential part of the CIT course is scenario-based skills training. Officers are challenged with realistic scenarios portrayed by professional actors from Chicago and St. Louis. Scenarios may include a suicide intervention, de-escalating a violent situation, or responding to a call involving an individual experiencing paranoia. All scenarios are facilitated and evaluated by certified CIT officers.

**Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10**

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## Topics include:

- Signs and Symptoms of Mental Illness
- Medical Conditions That Mimic Mental Illness
- Compliant Surrender and Tactical Response
- Child and Adolescent Disorders
- Autism / Mental Retardation
- Risk Assessment and Legal Issues
- Substance Abuse
- Psychotropic Medications
- Geriatric Issues and Considerations
- Police Response to Suspected Excited Delirium

**Instructed by:** Mark Benson

**Non-Member Tuition: THERE IS NO FEE TO ATTEND THIS TRAINING, AS IT IS FUNDED BY A GRANT THROUGH THE ILLINOIS LAW ENFORCEMENT TRAINING & STANDARDS BOARD.**

**Restrictions:** In September 2018 the ILETSB adopted a policy that the course is to remain a “specialization” and therefore remain distinct from other in-service courses available to officers immediately after certification. CIT training requires communication skills and situational assessments that can only be developed after an officer has had field experience exposing him or her to the nature of interpersonal interactions with the public, a minimum of two years is now required before an officer may begin the general, 40-hour, CIT course.

**To Register:** Email registration to [register@letac.org](mailto:register@letac.org). You may also fill out and submit our online registration form through the website at [www.letac.org](http://www.letac.org) or call 217-726-7014 to register by phone (be sure to include all pertinent information). **MTU#10 Law Enforcement members who are under the mandate requirements will be given priority on state mandated courses and then MTU#10 local members. If it is not a mandated course, all MTU# 10 local members will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. *We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.***

**Cancellation:** If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is

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out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often.