



# Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

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Bruce Liebe, Director

## Breach Point: Personal & Professional Breakthroughs in Law Enforcement

Funded in the Partnership with the Illinois Law Enforcement Training and Standards Board

**DATE:** March 25, 2026

**TIME:** 8:00am – 4:00pm

**LOCATION:** LETAC – 840 S. Spring St., Ste B., Springfield, IL 62704

**INSTRUCTIORS:** Kent Williams

**NON-MEMBER FEE:** \$0.00

**Meets Illinois Mandates: Crisis Intervention (0.50hrs), Human Rights (0.50hrs), Officer Wellness/Mental Health (4.00hrs) and Procedural Justice (1.00hrs)**

**COURSE OVERVIEW:** An experienced law enforcement executive and educator will guide law enforcement personnel in understanding a variety of best practice approaches in addressing these issues. A theme of personal leadership will run throughout this seminar as those attending will have ample chance to reflect upon the universal journey of a vocation spent in law enforcement. This course will provide a new set of skills designed to assist contemporary knights in maintaining a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant's spirit.

**COURSE GOALS:** Removing classic frustrations encountered by all law enforcement officers & the impact of rewarded cynicism \* How the dynamics of control and trust can negatively influence officer attitudes both at work and home \* Learning and mastering the unique, misunderstood and potentially problematic consequences of police perspectives \* Learning from our Knightly predecessors on how to self-motivate on the street, in the department and at home \* Inspiring a new generation of Knights \* The Caustic Effects of performing well in law enforcement \* How the dynamics of control and trust can negatively influence officer attitudes \* How to lead and inspire those who have been taught to anticipate the worst in everything \* Being an optimistic leader among a sea of professional pessimists \* Overcoming the damaging effects of "the rule bound" and stoic approaches to the job \* Recognizing the symptoms of stress and how police stress differs significantly from other jobs \* Developing a personal and organizational action plan to confront the issues \* Learning to help others overcome unhealthy organizational over-investment \* Why officers are at greater risk for alcohol abuse, divorce, isolation, depression and suicide \* Warning signs of distress and preventative programs to reduce and monitor it.

**TO REGISTER:** Email registration to [register@letac.org](mailto:register@letac.org). You may also fill out and submit our online registration form through the website at [www.letac.org](http://www.letac.org) or call 217-726-7014 to register by phone. **MTU #10 member agencies will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.**

**Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10**

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