



Law Enforcement Training Advisory Commission

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Bruce Liebe, Director

Fundamentals of Realistic De-escalation

Funded in the Partnership with the Illinois Law Enforcement Training and Standards Board

DATE: April 15, 2026

TIME: 8:00am – 4:00pm

LOCATION: ILETSB – 500 S. 9th Street, Springfield, IL 62701

INSTRUCTORS: Director Bruce Liebe

- **ALL STATE AGENCIES PLEASE REGISTER WITH KIM at Kimberly.Overby@illinois.gov**
- **MTU MEMBER AGENCIES – REGISTER ON OUR WEBSITE OR GIVE US A CALL.**

Meets Illinois Mandates: Civil Rights (0.50hrs), Const Use of LE Authority (0.50hrs), Crisis Intervention (0.50hrs), Procedural Justice (0.50hrs) and De-escalation Techniques (6.00hrs + 1.50hrs scenario).

COURSE OVERVIEW: Fundamentals of Realistic De-escalation is an 8-hour course designed to teach law enforcement professionals the necessary skills to accurately assess potentially violent confrontations and, when feasible, defuse them with successfully applied tactics to avoid use of force crises. This course mutes the rhetoric in today's emotionally charged atmosphere and unbiasedly focuses on proven scientific realities surrounding human behavior as they apply to efforts in e-escalation situations. The Fundamentals of Realistic De-escalation is based on the Force Science Institutes' studies and enhances de-escalation efforts with science while also applying an understanding of human factors and performance research to effectively deal with persons in crisis. The overriding emphasis of the course is to promote the importance of thinking tactically about effective incident management and risk to optimize officer and public safety.

COURSE TOPICS: Pre-Suasion Principles, developed by Force Science Institute to provide students with the nine elements of the Tactical Decision-Making Tool; Train Students to understand the elements of active listening; Describe the persuasion skills that can be employed to potentially resolve situations where a person is in conflict or in crisis; Inform students of ten questioning styles that can be used to communicate with people and potentially gain their cooperation; Provide students with information to allow them to recognize and manage excited delirium syndrome, amongst others.

There is no fee to attend this course!

Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10

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