Law Enforcement Training Advisory Commission



840 S. Spring Street, Suite B • Springfield, IL 62704

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Bruce Liebe, Director

ILETSB-Intro to CIT Training – Mental Health Awareness & Response

Funded in the Partnership with the Illinois Law Enforcement Training and Standards Board

DATE: *April 1, 2026* **TIME:** *8:00am – 4:00pm*

LOCATION: LETAC – 840 S. Spring Street, STE B., Springfield, IL 62704

INSTRUCTIORS: Emily Hejna **NON-MEMBER FEE**: \$0.00

Meets Illinois Mandates: Civil Rights (0.50hrs), Const Use of LE Authority (0.50hrs), Crisis Intervention (2.50hrs), Human Rights (0.50hrs), Legal Updates (0.50hrs), Officer Wellness/Mental Health (1.00hrs), Procedural Justice (1.00hrs), De-escalation Techniques (1.00hrs) & Officer Safety Techniques, Including Cover, Concealment & Time (0.50hrs).

COURSE OVERVIEW: Law enforcement officers' role in the community includes a variety of interactions, including responding to incidents with individuals with mental health concerns or diagnosed mental illness. This 8-hour class is geared to enhancing law enforcement officers' awareness of mental health issues by providing information on the history of mental health system, types of mental illnesses, signs and systems of each, and common treatments and medications. It will also cover situations that law enforcement may experience on a regular basis and considerations when responding to individuals, their families, and service providers.

COURSE OBJECTIVES: Definition of mental illness and mental health, Common forms of mental illnesses and the symptoms and behaviors associated with each, Treatment options, Appropriate L.E. interactions with mentally ill individuals, their families & service providers and, how to respond to crisis situations involving the mentally ill.

TO REGISTER: Email registration to <u>register@letac.org</u>. You may also fill out and submit our online registration form through the website at <u>www.letac.org</u> or call 217-726-7014 to register by phone. MTU #10 member agencies will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.

CANCELLATION: If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin.