



# Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

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Bruce Liebe, Director

## Peer Support for 1<sup>st</sup> Responders

Funded in the Partnership with the Illinois Law Enforcement Training and Standards Board

**DATE:** October 28-30, 2025

**TIME:** 8:00am – 4:00pm

**LOCATION:** LETAC – 840 S. Spring Street, Ste B., Springfield, IL 62704

**INSTRUCTORS:** Dan & Tammy Roach

**NON-MEMBER FEE:** \$0

**Meets Illinois Mandates: Crisis Intervention (5.50hrs), Legal Updates (1.00hrs), Officer Wellness & Mental Health (9.50hrs), & Procedural Justice (5.00hrs)**

**COURSE OVERVIEW:** Peer Support is a non-clinical process of listening, encouraging, sharing knowledge and skills, and providing assistance to peers in order to help them effectively deal with the challenges of stress and trauma as they experience them through their work and their life.

Peer Supporters are individuals who share common experiences and/or challenges with the people they are helping. Peer Supporters have the desire and enthusiasm to help their peers work through the emotional, physical, relational, and spiritual challenges they face as a result of the stress and trauma they have experienced through their jobs and life in general.

This 3-day Peer Support Training class will introduce the student to the process of peer support and equip them with the knowledge and skills necessary to provide emotional support and practical guidance to other 1st responders who are in need of assistance.

The course consists of a combination of classroom lectures and practical reality-based training scenarios in which the student will participate in listening exercises as well as mock one-on-one peer support sessions. The student will apply the knowledge and skills they learn during the classroom portion of the training in scenarios where they will alternately play the role of peer supporter and peer supportee.

**TO REGISTER:** Email registration to [register@letac.org](mailto:register@letac.org). You may also fill out and submit our online registration form through the website at [www.letac.org](http://www.letac.org) or call 217-726-7014 to register by phone. **MTU #10 member agencies will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.**

**CANCELLATION:** If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin.

**Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10**

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