



Law Enforcement Training Advisory Commission

840 S. Spring Street, Suite B • Springfield, IL 62704

Phone (217) 726-7014 • Fax (217) 726-7833 • Email letac@mtu10.com • Website www.letac.org

JT Wooldridge, Director

ILETSB – Intro to CIT Training – Mental Health Awareness & Response

October 13, 2022

8:00 a.m. – 4:00 p.m.

Lincoln Police Department

710 5th Street

Lincoln, IL

This course is ILETSB approved and certified for the following mandates:

Civil Rights (.5hrs), Constitutional/Proper Use of LE Authority (.5hrs), Crisis Intervention (2.5hrs), Human Rights (.5hrs), Legal Updates (.5hrs), Officer Wellness/Mental Health (1hr), Procedural Justice (1hr) and Use of Force: De-escalation Techniques (1hr), Officer Safety Techniques (.5hrs)

Course overview: Law enforcement officers' role in the community includes a variety of interactions, including responding to incidents with individuals with mental health concerns or diagnosed mental illness. This 8-hour class is geared to enhancing law enforcement officers' awareness of mental health issues by providing information on the history of mental health system, types of mental illnesses, signs and symptoms of each, and common treatments and medications. It will also cover situations that law enforcement may experience on a regular basis and considerations when responding to individuals, their families, and service providers.

Illinois Law Enforcement Training & Standards Board Mobile Team Unit #10

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Course Objectives: Class objectives include understanding:

- The definition of mental illness and mental health
- Common forms of mental illnesses and the symptoms and behaviors associated with each
- Treatment options
- Appropriate law enforcement interactions with mentally ill individuals, their families & service providers
- How to respond to crisis situations involving the mentally ill

Instructor: **Emily Hejna** has served as a Crisis Intervention Team (CIT) Officer for the Alton Police Department for the past 10 years, as well as serving as the department's Public Information Officer from 2013 to 2017. She has taught numerous programs for local agencies and served as a presenter at the states 2017 CIT Conference. She holds a Bachelor of Science in Mass Communications from Southern Illinois University, Edwardsville

Non-Member Tuition: \$0. No tuition is required for this class due to grant funding by Crisis Intervention/Mental Health Grant.

To Register: Email registration to register@letac.org. You may also fill out and submit our online registration form through the website at www.letac.org or call 217-726-7014 to register by phone (be sure to include all pertinent information). **MTU#10 Law Enforcement members who are under the mandate requirements will be given priority on state mandated courses and then MTU#10 local members. If it is not a mandated course, all MTU# 10 local members will be given registration preference until seven days prior to the date of class. After that date, registrations will be taken on a first-come, first-served basis, regardless of MTU status. *We cannot accept registrations from individual officers. All registrations must go through your Chief, Sheriff, or department training office, even if you are attending class on your own time.***

Cancellation: If a class must be canceled for any reason, every effort will be made to do so at least 2 weeks before the class is scheduled to begin. However, there are circumstances where last minute cancellation is out of our control. All officers who have been registered for training will be contacted at the email address given at registration, so please be sure to provide an email address which is checked often.

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